

Estella R. Pabonan, M.A.
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San Francisco, California

EDUCATION

M.A., Counseling Psychology with emphasis in Marriage & Family Therapy
University of San Francisco, 2000

B.A., Clinical Psychology
San Francisco State University, 1997

PROFESSIONAL EXPERIENCE

University of San Francisco, San Francisco, CA

Programs' Coordinator, Counseling Psychology Department 2008-Present

- Provides leadership and coordination of the graduate programs in Marriage and Family Therapy (MFT), Professional Clinical Counselor (PCC) and School Counseling with the Pupil Personnel Services (PPS) Credential on the hilltop campus.
- Conducts recruitment efforts, such as information meetings, open houses and chat sessions.
- Coordinates the admissions process, which includes application review and applicant interviews.
- Coordinates new student orientations.
- Provides student advising and support.
- Coordinates student registration.
- Creates and maintains the hilltop campus course schedules.
- Collaborates with hilltop faculty coordinators in hiring and assigning adjunct faculty.
- Manages adjunct faculty hiring process, including university onboarding procedures and orientations.
- Collaborates with fieldwork coordinators in planning and development, directing, and coordinating the fieldwork activities.
- Establishes fieldwork relationships and partnerships with community agencies and schools.
- Evaluates and selects fieldwork placements to ensure state (BBS or CTC) training standards and program requirements are being met for MFT/PCC and/or PPS eligibility.
- Conducts forums, workshops and fairs.
- Plans, develops, directs and coordinates the operational activities of each program.
- Maintains current understanding and knowledge of the Board of Behavioral Sciences (BBS) and Commission on Teacher Credentialing (CTC) requirements and standards.
- Maintains current understanding and knowledge of university and school policies and procedures.
- Supervises and mentor graduate student assistants.

ACADEMIC TEACHING EXPERIENCE

University of San Francisco, San Francisco, CA

Adjunct Faculty, Counseling Psychology Department 2017-Present

- Courses: *Adult Life Transitions* and *Counseling Across Cultures*

Guest Lecturer and Consultant, USF Counseling and Psychological Services (CAPS) Fall 2016

- *Filipin@ Mental Health* seminar

Guest Lecturer, Counseling Psychology Department Fall 2012, 2013, 2014 & 2015

- Course: *Individual & Family Lifespan Development*

ACADEMIC SERVICE

- Member, MFT Licensure Exam Subcommittee, 2016-present
- Member, School of Education Commission on Teacher Credentialing Committee, 2015-present
- Member, USF Upward Bound Staff Search Committee, 2015 & 2016
- Member, School of Education Staff Retreat Committee, 2012 & 2016

CLINICAL EXPERIENCE

Pyramid Alternatives, Pacifica, CA

Counselor

1999-2006

- Conducted assessments for issues of mental health, addiction, domestic violence and marital/parenting/family conflicts.
- Provided on-going counseling and crisis intervention for children, adults, couples, and families.
- Created and implemented treatment plans for an adolescent group program, dealing with familial issues of addiction.
- Provided school-based individual counseling in several San Mateo County elementary and middle schools.
- Established and facilitated several school-based peer support groups in San Mateo County middle and high schools, exploring issues of Asian immigration, cultural adaptation and racial/ethnic identity.
- Collaborated with multidisciplinary team of psychologists, social workers and probation officers.

Family Support Services of the Bay Area (FSSBA), Oakland, CA

Social Worker

1997-1999

- Coordinated services for families of children with developmental disabilities.
- Conducted home visits to clients in program.
- Conducted assessments of prospective families for inclusion into the program.
- Completed annual performance reviews of child-care providers.
- Developed training manual for the social worker position.

VOLUNTEER EXPERIENCE

- Horn Development Consulting
- Glide Memorial
- Asian Pacific Islander Literature Read-In, Oakland Unified School District
- Project Read
- Amnesty International USA
- La Casa de Las Madres

PROFESSIONAL AFFILIATIONS

- California Association of Marriage and Family Therapists
- California Association for Licensed Professional Clinical Counselors
- American Counseling Association
- Bay Area MFT Educators Consortium
- Bay Area Filipino Educators

SKILLS

- Bilingual; Tagalog
- Adept with PC and Mac platforms; proficient in Microsoft Word, Excel, PowerPoint